



**IMPROVE
YOUR
NIPPER
SKILLS &
HAVE FUN
IN THE SUN
THESE
HOLIDAYS**

**THE TWO-DAY CAMP IS PACKED FULL OF
BOARD, SWIM AND BEACH TRAINING,
PLUS PLENTY OF GAMES AND FUN
THROUGHOUT. IT IS DESIGNED FOR NIPPERS
AGED U9 TO U14 OF ALL ABILITIES.**

We encourage young athletes to register if:

- you are looking to improve your surf competition skills
- keen to meet new teammates and make friends for life
- grow water confidence and skills seeking competition experience from our expert coaching staff
- Participants must bring their own nipper board.

**THE NEW & IMPROVED SIC IS BACK FOR ANOTHER SEASON !
THURSDAY 29TH & FRIDAY 30TH SEPTEMBER
@ MONA VALE BEACH
8.30AM - 3PM**

All participants are guaranteed to have a good sleep after each day of the camp.

Participants must bring their own nipper board. For further enquiries contact

Bella - 8919 2137 or Spencer - 8919 2138
or email: surfsportsadmin@surflifesaving.net.au

Open to SLSSNB Club Members U9 & over (2022/23 Season)

COST: \$200 FOR 2 DAYS, \$120 FOR ONE DAY

INCLUDES

- * **SIC SINGLET**
- * **LUNCH AND SNACKS ON BOTH DAYS**
- * **DRINKS THROUGHOUT THE DAY**
- * **SPECIALIST COACHES**

REGISTER HERE

<https://form.jotform.com/222397137218862>