



Monday, 26th September to Friday, 07th October 2022

NOTICE - ALLERGY - Please ensure all food is nut free





Monday 26 September

WHEELS DAY

IN-SERVICE

Enjoy your bikes, scooters, skates, blades or skateboards for a day of riding fun. Helmets and safety gear must be worn, no equipment can be shared.

Children bring in their wheels for a fun day of riding around with their friends.



Monday 03 October

PUBLIC HOLIDAY

SERVICE CLOSED



Tuesday 27 September

(IN) + \$20.00

DANCE FITNESS

INCURSION - ZUMBA WORKSHOP

Get your groove on today as we create fun routines in an energetic and exciting Zumba dance session.



Tuesday 04 October

(EX) + \$45.00

A BLAST OF FUN

EXCURSION - ROCK CLIMBING PEAK PURSUITS

Challenge yourself and scale great heights rock climbing today! Please wear enclosed shoes.



Arrive by 8.30am

Wednesday 05 October

(IN) + \$20.00

IN A LAND OF VIRTUAL REALITY

INCURSION - GAMING LOUNGE AND LASER **SKIRMISH**

Enjoy games from retro games to modern VR/AR experiences and learn about how gaming has changed over the years. Then challenge your friends to a game of laser skirmisň!



Wednesday 28 September

ADVENTURELAND

IN-SERVICE

Pull on your adventure boots and join us for a day full of challenging fun!

This is not just any type of adventure... be ready for a day of fun, exciting and challenging activities.

Thursday 29 September



(EX) + \$43.00

Thursday 06 October

COLOUR FUN RUN



(IN) + \$25.00

MULTI-SPORTS DAY

EXCURSION – DON YOUR KIT FOR 'COLES HEALTHY KICKS' AT POSHC ST IVES NORTH

Immerse yourself in the routine of an AFL/AFLW superstar! This footy inspired, 2hr interactive excursion involves 4 x 25 min quarters, including fitness, mindfulness, nutrition and teamwork aimed at developing stronger, healthier kids.





INCURSION- RAINBOW WARRIORS

Bootcamp meets Colour Run - Become a rainbow Warriors today and light up the skies with clouds of colour.



Arrive by 8.30am

Friday 30 September

MOVIE MANIA

IN-SERVICE

Are you a movie buff? Let's get the popcorn ready and test your knowledge on some classic movies. Lights, camera, action, here

Fun and enjoyable movies for the children, so bring your comfy clothes, sit back, relax, and enjoy!



Please bring an additional set of clothing

Friday 07 October

BACK TO SCHOOL PARTY!

IN-SERVICE

As we prepare to head back to school, let's wind up the school holidays with a party! Food, games and a whole lot of fun!

Bring your party hats and your dancing shoes for a going back to school party!



Mon - Fri 7:00am - 6:30pm St Ives Park - 0475838226 St Ives Park Public School Cnr Acron & Woodbury Roads St Ives NSW

Daily price: \$52.00 | Excursions and incursions are an additional cost to the daily fee and are charged for each child that attends whether they choose to participate or not.

Junior Adventures Group continues to pioneer the OSHC sector, building stronger communities and brighter futures for more than 70,000 children, 50,000 families and more than 450 schools across Australia.

Our Values

- Considerate Be there for others
- Passionate Bring energy and determination
- Courageous Challenge ourselves

The values we share guide our behaviour as we work towards our vision to build brighter futures together.



What we offer

- A healthy, safe, respectful and engaging environment
- Caring, enthusiastic, fun and friendly team
- New and popular excursions, incursions and theme days
- Stimulating experiences tailored to children's interests, abilities and current trends
- Helping Hands endeavour to link each fun experience to key learning outcomes



We are a child safe organisation



What Does My Child Bring?

Please bring morning tea, lunch and a refillable drink bottle. If bringing food please make sure it's nutritious and doesn't require heating or cooking.

Please be mindful of the planned incursion/excursion and ensure your children are dressed appropriately. Don't forget your sun smart hat, comfortable clothes, closed shoes and a drink bottle.

To avoid loss or disappointment, please leave your valuables, money and electronic toys (including tablets and smart phones) at home.



Healthy Eating

Helping Hands follows the Australian dietary guidelines which can be found at https://www.eatforhealth.gov.au

Activity Changes

If an excursion or incursion (due to unforeseen circumstances) is cancelled, the activity will either be postponed or an alternative activity of equal value will be provided where possible.



Before making your booking & cancellations

All children must be enrolled with Helping Hands prior to booking via helpinghandsnetwork.com.au. Bookings made within 5 days of a Holiday Program session will incur an extra charge of \$4.00 per day per child. 7 days notice from before the session commences is required for cancellation of a Holiday Program booking to ensure you will not incur out of pocket costs. Please note that bookings cannot be made online within 5 days of the session commencing. In order to book within this period, you will need to contact the service directly, the Customer Service and Billing Team on 1300 612 462 or by emailing accounts@helpinghandsnetwork.com.au

Child care subsidy

Our services are registered with Centrelink, so you will be able to claim Child Care Subsidy on your fees. For further information please visit

https://www.education.gov.au/childcare-

Children with additional needs

We support all children including children with additional needs. If you would like to provide additional information about your child and his/ her needs or require inclusion support funding, please contact us 6 weeks prior to program commencement on 0475838226 for staffing purposes.