

NOTICE - ALLERGY - Please ensure all food is nut free



Monday 04 July

WHEELS DAY

IN-SERVICE

Enjoy your bikes, scooters, skates, blades or skateboards for a day of riding fun. Helmets and safety gear must be worn, no equipment can be shared.



Monday 11 July

ADVENTURELAND

IN-SERVICE

Pull on your adventure boots and join us for a day full of challenging fun!



Tuesday 05 July


MOVIE MANIA

IN-SERVICE

Are you a movie buff? Let's get the popcorn ready and test your knowledge on some classic movies. Lights, camera, action, here we go!



Tuesday 12 July

 + \$25.00


FIRST AID FOR ALL

INCURSION - BECOME A FIRST AIDER

This first aid for kids workshop teaches children how to be first aid superheroes & save a life!



Wednesday 06 July

 + \$45.00

OUR KITCHEN RULES

EXCURSION- OUR BIG KITCHEN, BONDI MORNING TEA AND LUNCH

Have fun while helping others, as we cook for people in need. Enclosed shoes and short sleeves required. Includes morning tea and lunch.

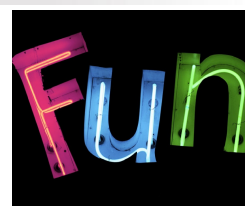


Wednesday 13 July

NEON DISCO PARTY

IN-SERVICE

Yellow, green, orange or pink... Bring out your neon clothes as we boogie back in time for a disco party.



Arrive by 8.30am

Thursday 07 July


I'M A CLUB KID, GET ME OUT

IN-SERVICE

Enter the jungle and take part in group trials and team challenges. What creepy crawlies will you encounter?



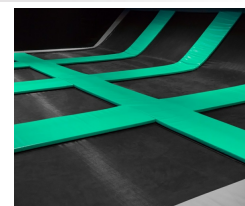
Thursday 14 July

 + \$40.00

STEALTHY NINJAS!

EXCURSION - TRAMPOLING & NINJA XTREME

Immerse yourself in the amazing obstacle ninja course and big trampolines. Guaranteed to test your reflex and strength skills.



Arrive by 8.30am.

Friday 08 July

 + \$28.00


AFRICAN SAFARI

INCURSION - AFRICAN DRUMMING

Get your drumming hands ready and your dancing shoes on, as we learn African Drumming! Immerse yourself in the fun of music, rhythm and songs from Western Africa.



Friday 15 July

 + \$20.00

ART ATTACK

INCURSION - ART ON CANVAS WORKSHOP

No Artistic Experience required today as we create a masterpiece on canvas guided by a lead artist. You will be amazed at where your creativity will take you.



Junior Adventures Group continues to pioneer the OSHC sector, building stronger communities and brighter futures for more than 70,000 children, 50,000 families and more than 450 schools across Australia.

Our Values

- Considerate - Be there for others
- Passionate - Bring energy and determination
- Courageous - Challenge ourselves

The values we share guide our behaviour as we work towards our vision to **build brighter futures together.**



What we offer

- A healthy, safe, respectful and engaging environment
- Caring, enthusiastic, fun and friendly team
- New and popular excursions, incursions and theme days
- Stimulating experiences tailored to children's interests, abilities and current trends
- Helping Hands endeavour to link each fun experience to key learning outcomes



We are a child safe organisation



What Does My Child Bring?

Please bring morning tea, lunch and a refillable drink bottle. If bringing food please make sure it's nutritious and doesn't require heating or cooking.

Please be mindful of the planned incursion/excursion and ensure your children are dressed appropriately. Don't forget your sun smart hat, comfortable clothes, closed shoes and a drink bottle.

To avoid loss or disappointment, please leave your valuables, money and electronic toys (including tablets and smart phones) at home.



Healthy Eating

Helping Hands follows the Australian dietary guidelines which can be found at <https://www.eatforhealth.gov.au>

Activity Changes

If an excursion or incursion (due to unforeseen circumstances) is cancelled, the activity will either be postponed or an alternative activity of equal value will be provided where possible.



Before making your booking & cancellations

All children must be enrolled with Helping Hands prior to booking via helpinghandsnetwork.com.au. Bookings made within 5 days of a Holiday Program session will incur an extra charge of \$4.00 per day per child. 7 days notice is required for cancellation of a Holiday Program booking to ensure you will not incur out of pocket costs. Please note that bookings cannot be made online within 5 days of the session commencing. In order to book within this period, you will need to contact the service directly, the Customer Service and Billing Team on 1300 612 462 or by emailing accounts@helpinghandsnetwork.com.au

Child care subsidy

Our services are registered with Centrelink, so you will be able to claim Child Care Subsidy on your fees. For further information please visit <https://www.education.gov.au/childcare-faq>

Children with additional needs

We support all children including children with additional needs. If you would like to provide additional information about your child and his/ her needs or require inclusion support funding, please contact us 6 weeks prior to program commencement on 0475838226 for staffing purposes.