

## **GIVE US A TRY!**

Little athletics is based on the sport of athletics. It is also the foundation for most sports in that it develops an individual's speed, strength and stamina.

Little athletics allows children of all ablilities to participate in a range of different activities including running, jumping and throwing, meet new friends from different schools and have fun doing so. Little athletics is a community activity run by volunteers which attracts families throughout Ku-ring-gai including Gordon, Pymble, West Pymble, St Ives, Turramurra and Wahroonga.



## FAMILY FUN FITNESS

Ages: 5 to 16 years

Bannockburn Oval, Pymble.

Web: Klac.org.au

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REGISTER YOUR INTEREST NOW! READY FOR WHEN SPORT IS BACK!