



**KU-RING-GAI**  
Little Athletics  
Centre Inc.

# FAMILY FUN FITNESS

Ages: 5 to 16 years  
Bannockburn Oval, Pymble.  
Web: [Klac.org.au](http://Klac.org.au)  
Email: [info@klac.org.au](mailto:info@klac.org.au)  
Phone: 0414 541 867  
REGISTER YOUR INTEREST at  
[lansw.com.au](http://lansw.com.au) or [klac.org.au](http://klac.org.au)

## GIVE US A TRY!

Little athletics is based on the sport of athletics. It is also the foundation for most sports in that it develops an individual's speed, strength and stamina.

Little athletics allows children of all abilities to participate in a range of different activities including running, jumping and throwing, meet new friends from different schools and have fun doing so. Little athletics is a community activity run by volunteers which attracts families throughout Ku-ring-gai including Gordon, Pymble, West Pymble, St Ives, Turramurra and Wahroonga.



**REGISTER YOUR INTEREST NOW!  
READY FOR WHEN SPORT IS BACK!**