

callum and I went to regionals for track and field events and it was on Saturday and Sunday.

I did 70 metre sprint 100 metre sprint long jump and shot put and I made it to state for all my events.

I came first in 70 metre sprint 2nd in 100 metre sprint and 1st in long jump and 1st in shot put.

FINN

Finns and I went to regionals on Saturday and Sunday for track and field events.

I did the 100, 70, 200 metre sprints and I did long jump and the 4x100m relay.

I came 1st in the 100, 70 metre sprint, came 3rd in 200m sprint and came 2nd in the 4x100m relay by .02 milliseconds. I came in 15s in the long jump.

CALLUM