

the Y | NSW Gymnastics



KinderGym
Recreational
Competitive

BOOK YOUR TRIAL TODAY!



the Y | St Ives

4 Porters Lane, St Ives

9449 5182 | ymcansw.org.au/st-ives-gymnastics/



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KinderGym

for boys and girls aged 12 months – 5 years

Learn through play and develop social, cognitive and physical skills in a safe, fun and structured environment.

Classes include KinderTots, KinderRec, and the Y Ninjas.

Recreational

for boys and girls aged 5 - 18 years

Develop physical skills, and build self-esteem and confidence in a safe and fun environment. For all skill levels from beginner to advanced. Classes include:

Artistic Gymnastics (colours & stages)
The Y Ninjas

Competitive

for girls ages 6+, *by invitation*

Gymnastics NSW curriculum for WAG levels.

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