



Monday, 07th January to Friday, 25th January 2019

NOTICE - ALLERGY - Please ensure all food is nut free





Monday 07 January

DR SEUSS

IN-SERVICE

"The more you read the more things you know, the more that you learn the more places you'll go." - Dr Seuss

Please bring your favourite Dr Seuss book to share and read with other children!



Monday 14 January

SECRET GARDEN

IN-SERVICE

Let's go on a journey of fun through the wonderful Secret Garden.

Today we are going for a bushwalk through the garden to find creepy crawlies



(N) + \$17.00

Tuesday 08 January

(N) + \$17.00

KALEIDOSCOPIC COLOUR

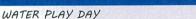
INCURSION - MINDFUL ME

The "Mindful Me" Mind & Body program has been designed to assist children to be mentally, physically and emotionally healthy, so that they can become contributing members of a healthy community.



Tuesday 15 January





INCURSION - SPLASHTASTIC FUN

Beat the summer heat and cool down with some water fun in the form of partner battles, team races and much more. Bring a change of clothes and be prepared to get wet from start



Wednesday 09 January

PYJAMA PARTY

IN-SERVICE

Come dressed in your Onesie or Pyjamas today as we jump around and play party games! Please bring enclosed shoes



Wednesday 16 January

KIDS CARNIVAL

IN-SERVICE

Enjoy all the fun of the fair, as we get into carnival mode with an array of thrilling challenges and exciting games!



+ \$32.00

Thursday 10 January

ABSTRACT ART

IN-SERVICE

Bring out the artist in you as we explore shapes and bright colours to create our abstract master pieces.

The children will making amazing artworks using paint, canvas's and a range of tools!



+ \$32.00

Thursday 17 January

FITNESS FOR FUN

EXCURSION - SKYZONE ALEXANDRIA

Join in a game of dodge ball, slam dunk or bounce across the trampolines at Skyzone today! (Grip Socks Provided)



Arrive by 8.30am

Friday 18 January

BIG BIRTHDAY BASH

IN-SERVICE

Hip, hip hooray! Today we're celebrating everyone's birthday with decorations, dancing and party games galore!



Friday 11 January

HOORAY FOR HOLLYWOOD

EXCURSION - EVENT CINEMAS MACQUARIE Today we're off to the movies to see Ralph

breaks the internet, popcorn and drink included. (Movie time to be confirmed, please see coordinator)



Arrive by 8:30am

Mon - Fri 7:00am - 6:30pm St Ives Park - 0475838226 St Ives Park Public School Cnr Acron & Woodbury Roads St Ives NSW 2075

Daily price: \$53.00 | Excursions and incursions are an additional cost to the daily fee and are charged for each child that attends whether they choose to participate or not.

Junior Adventures Group continues to pioneer the OSHC sector, building stronger communities and brighter futures for more than 70,000 children, 40,000 families and more than 400 schools across Australia.

- Considerate Be there for others
- Passionate Bring energy and determination
- Courageous Challenge ourselves

The values we share guide our behaviour as we work towards our vision to build brighter futures together.

Monday 21 January



(R) + \$17.00

THE AMAZING RACE

INCURSION - AMAZING RACE

Gather your team and compete in the Amazing super race today! Can you and your team mates make it through all of the challenges?







Tuesday 22 January

COMMONWEALTH GAMES

IN-SERVICE

Today the commonwealth games come to us.



Wednesday 23 January



(EX) + \$32.00

EXPLORE THE GREAT OUTDOORS

EXCURSION - ROCK CLIMBING PEAK PURSUITS Challenge yourself and scale great heights rock climbing today! Please wear enclosed shoes.



Arrive by 8.30am

Thursday 24 January

MINUTE TO WIN IT

IN-SERVICE

Beat the clock! You've got 60 seconds - can you beat all of the challenges in time?



Friday 25 January

TEDDY BEARS PICNIC

IN-SERVICE

Grab your favourite bear and bring them along for a day of fun and games at today's Teddy Bear Picnic!

Please bring your teddy bear from home and a bite to share with our furry friends!!



What we offer

- · A healthy, safe, respectful and engaging environment
- · Caring, enthusiastic, fun and friendly team
- New and popular excursions, incursions and theme days
- Stimulating experiences tailored to children's interests, abilities and current trends
- Helping Hands endeavour to link each fun experience to key learning outcomes

What Does My Child Bring?

Please bring morning tea, lunch and a refillable drink bottle. If bringing food please make sure it's nutritious and doesn't require heating or cooking.

Please be mindful of the planned incursion/excursion and ensure your children are dressed appropriately. Don't forget your sun smart hat, comfortable clothes, closed shoes and a drink bottle.

To avoid loss or disappointment, please leave your valuables, money and electronic toys (including tablets and smart phones) at home.

We are a child safe organisation

Healthy Eating

Helping Hands follows the Australian dietary guidelines which can be found at https://www.eatforhealth.gov.au

Activity Changes

If an excursion or incursion (due to unforeseen circumstances) is cancelled, the activity will either be postponed or an alternative activity of equal value will be provided where possible.

Children with additional needs

We support all children including children with additional needs. If you would like to provide additional information about your child and his/ her needs or require inclusion support funding, please contact us 6 weeks prior to program commencement on 0475838226 for staffing purposes.

Child care subsidy

Our services are registered with Centrelink, so you will be able to claim Child Care Subsidy on your fees. For further information please visit

https://www.education.gov.au/new -child-care-package-frequentlyasked-questions.

Before making your booking & cancellations

All children must be enrolled with Helping Hands prior to booking via helpinghandsnetwork.com.au. Bookings made within 5 days of a Vacation Care session will incur an extra charge of \$4.00 per day per child. 7 days notice is required for cancellation of a Vacation Care booking to ensure you will not incur out of pocket costs. Please note that bookings can not be made online within 5 days of the session commencing. In order to book within this period, you will need to contact the service directly, the Customer Service and Billing Team on 1300 612 462 or by emailing accounts@helpinghandsnetwork.co m.au.