

All St Ives Park Parents (K-6) are invited to attend:

How to Support Children's Social and Emotional Development

- Importance of identifying feelings in yourself to help your children identify and manage their feelings.
- Looking at different parenting styles.
- Introducing emotion coaching techniques.
- How and when to use Emotion Coaching with your children.



Session Dates:

Tuesday 8th May & Tuesday 22nd May

Time:

5.30pm-7pm

Venue:

K classroom, St Ives Park Public School

Please RSVP to the school via email:

Parent testimonials

"Definitely relevant for all kids and great that I have these tools before they are teens!" St Ives Parent

"Invaluable for all parents, this will definitely help me connect more with my children." St Ives Parent

"This is great information on skills we can use in all relationships." Allambie Heights Parent

"I would highly recommend to other parents! Thank you." Brookvale Parent

"A great insight into a child's perspective of the world which helped me understand ways in which I could improve my parenting" North Ryde Parent

"A learning experience for both adults & children. Very worth investing your time." North Ryde Parent

"A very powerful way to understand your children's emotions and your own emotions to be able to connect on a much closer level." Allambie Heights Parent

Parents are encouraged to attend both sessions. The 2 sessions cover different content.