



## What is Relay For Life?

Relay For Life events are where teams may take part in a walkathon style event by taking turns walking or jogging around a local oval to raise funds for cancer research, education, support services and advocacy. It's a 24 hour event for all ages and fitness levels and participants can choose to come for only part of the event and enjoy the festival atmosphere. It's up to them.

The event helps the community to fight back against cancer whilst celebrating those who have survived cancer and honouring those who we have lost. It is also an opportunity to educate about ways to reduce cancer risk and adopting a healthy lifestyle but in a fun way through a variety of entertainment and activities.

## **Event Details**

**Date:** Saturday 4<sup>th</sup> November to Sunday 5<sup>th</sup> November **Location:** Rofe Park, Galston Road, Hornsby Heights **Time:** 10:00am Saturday to 10:00am Sunday

## Register a team for the Relay!

Anyone and everyone in the community has a chance to celebrate, remember, and fight back. Relay offers you the chance to give back to the community in a fun & unique way while enjoying a full program of entertainment and activities for all ages and fitness levels. For those who have been touched by cancer, it provides a lovely way of supporting those loved ones who are going through their cancer journey or honour those we have lost.

You can register online at- <a href="http://fundraising.cancer.org.au/hornsby2017">http://fundraising.cancer.org.au/hornsby2017</a> or call the Cancer Council Office – 9334 1600

## Spread The Word about Relay!

The success of Relay is based on the community coming together and your help in spreading the word of Relay would be welcome., We can easily supply brochures, posters or assistance in any campaigns that you might want to have in support of promoting Hornsby Relay.

We request you "LIKE" our Facebook page <a href="https://www.facebook.com/hornsbyrelayforlife/">https://www.facebook.com/hornsbyrelayforlife/</a> and share our message in your weekly or monthly newsletters.

If you have any questions or require more information please contact **Becky.Dadswell** at **Becky.Dadswell@nswcc.org.au** or call 9334 1600 Also please visit: <a href="www.relayforlife.org.au">www.relayforlife.org.au</a>

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